

“Crested Butte Parks and Rec provides high quality year-round recreational programs and amenities for residents and visitors alike. We value community connection, high quality of life, accessibility, healthy lifestyles, fair play, sportsmanship, economic vitality, and responsible stewardship of public funding.”

Flag Football Procedures COVID

This set of policies has been developed to prevent the spread of Covid-19 and other communicable diseases between participants, Volunteers/Staff members and community members.

1. Health Practices

- a. Participants and Volunteers/Staff should wash hands or sanitize after; every practice, touching their face, touching someone else or their equipment, using the restroom, taking or administering medication, handling garbage or garbage receptacles, coming in contact with bodily fluids. Hands should also be washed/sanitized before practices.
 - i. Sanitizer will be provided. However, participants are encouraged to bring their own.
- b. Volunteers/Staff will fill out the health log each day when they show up for practice for themselves and participants.
 - i. Volunteers/Staff who exhibit symptoms of Covid-19 as defined by the CDC will stay home.
 - ii. Participants who exhibit a fever of 100.4° will be picked up promptly.
- c. Volunteers/Staff will wear clean masks while greeting and checking in participants. They may remove them during gameplay situations where physical distancing is in place. Participants must have a mask on hand but do not need to wear it during play. If symptoms develop during practice, they should put on their mask and be picked up immediately. Participants and Volunteers/Staff may also wear a mask if they choose to do so.
 - i. Participants and Volunteers/Staff may not return to practice until they are symptom free, without medication, for 72 hours. We may require a doctor's note to return to practice.
- d. Limit physical contact to only necessary first aid interactions.
 - i. No unnecessary touches such as high fives, hugs, fist bumps, etc.
 - ii. Spitting is prohibited.
- e. Volunteers/Staff must participate in contact tracing efforts of the County should there be an infected individual in the program.
 - i. Accurate attendance must be taken each day to assist in contact tracing efforts.
- f. Participants should come prepared with their own water and snacks.

2. Distancing & Groups

- a. Group sizes will be in alignment with current health orders.
- b. Physical distancing will be maintained at 10 feet during high cardiovascular output activities. 6 feet is acceptable during stagnant drills/off innings.
- c. Participants should keep the same partner for drills that require it throughout a practice session, limiting exposure to others within the group.
- d. Inter-team scrimmage groups should remain the same throughout practice.

3. Equipment

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a. Personal Gear

- i. Sharing of personal items is prohibited. (Water bottles, snacks, gloves, personal balls)
- ii. Participants should come with everything they need for practice.
- iii. Personal bags/equipment should be lined up in 6 foot intervals; not right next to each other.

b. Group Gear

- i. In the event rec department equipment needs to be shared, a volunteer/staff member will sanitize it frequently.
- ii. Balls will be used for one play and replaced by a clean ball for the next play. Rags, and bottle with sanitizer will be provided to sanitize balls.
 1. If an infected individual is discovered to have participated in the program, County protocols for the program will be followed.

c. Registration & Attendance

- i. Online registration only; on-site registration will not be available.
- ii. Do not arrive more than 10 minutes before practice.
- iii. Participants will be picked up on time as soon as their session concludes.
- iv. Parents/guardians will drop off participants from park boundaries and maintain 6 feet of distancing between others if spectating.

4. Altered game structure

- i. There will be no pass rusher/blocker to reduce face to face contact. The quarterback will snap the ball independently from the line of scrimmage.
- ii. A center can be used for shotgun snaps. The center is eligible to move downfield once the ball is snapped.
- iii. Coaches will count out time for quarterbacks to release the ball. An appropriate time should be decided on by the coaches.
- iv. Defenders must remain two yards from the line of scrimmage before the play starts. No bump and run defense.

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Parks & Recreation